



GILMER COUNTY BREAKFAST/LUNCH

March 11 – April 19, 2019

Milk and fresh fruit are offered with every meal. A variety of cereal and juice are offered with every breakfast. At GCHS only students have the option of Grab-N-Go and Salad Bar.

“This institution is an equal opportunity provider.”

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mar 11 (Sausage Biscuit) Pepperoni Roll Macaroni & Cheese Romaine/Tomato Mix Steamed Carrots Canned Pineapples	12 (Super Donut) Taco Salad WG Corn Tortilla Chips Salsa Refried Beans Corn Canned Peaches	13 (Breakfast Loaf) Crispy Chicken Mashed Potatoes Gravy Green Pepper Strips Ranch WW Roll Fresh Fruit	14 (Bagel) Meatball Sub w/Mozz. Potato Wedges Fresh Broccoli Fresh Fruit Choc. Chip Cookie (9-12)	15 (Poptart) Sausage Gravy Biscuit Hash Brown Scrambled Eggs Apple Sauce Fresh Fruit *Pending Board Approval
Grab-N-Go: Egg Roll	Grab-N-Go:Steak Hoagie	Grab-N-Go: Pizza	Grab-N-Go: Fish Sandwich	Grab-N-Go: Pizza
18 (Yogurt) Pepperoni/Cheese Stromboli w/Sauce Garden Salad Fresh Carrots Fresh Fruit	19 (Pancake Minis) Cheeseburger Romaine Lettuce/Tom. Potato Wedges Rice Krispy Bar Pineapples	20 (Chicken Biscuit) Pepperoni Pizza Caesar Salad Garlic Bread Stick w/Marinara Sauce Sherbet Fresh Fruit	21 (Granola Bar) Chicken Patty Sdw. Romaine Lettuce/Tom. French Fries Baked Beans Fresh Fruit Sugar Cookie	22 (Banana Bread) Chicken Alfredo Garden Salad Broccoli w/Parmesan Bread Stick Fresh Fruit
Grab-N-Go: Sloppy Joe	Grab-N-Go:Meatball Sub	Grab-N-Go: Club Sdw.	Grab-N-Go: Steak Hoagie	Grab-N-Go: Pizza
25 (Cinnamon Roll) Salisbury Steak Mashed Potatoes Gravy Green Beans WW Roll Fresh Fruit	26 (Sausage Dog) Chicken Fries Crispy Curly Fries Honey Carrot Coins Frozen Fruit Slushie Mandarin Oranges	27 (Breakfast Pizza) Corn Dog Macaroni and Cheese Baked Beans Fresh Fruit Peanut Butter No Bake	28 (Cereal Bar) Turkey & Cheese Sdw. Romaine Lettuce/Tom. Oven Fries Fresh Fruit Graham Snacks (9-12)	29Sausage, Egg, Cheese Bisc Chicken Philly Sub Tator Tots Applesauce Fruit Grain Bar (9-12) Apple Wedges
Grab-N-Go: Pizza	Grab-N-Go: BBQ Sdw.	Grab-N-Go: Pepperoni Roll	Grab-N-Go: Chicken Sdw.	Grab-N-Go: Cheeseburger
Apr. 1 (Banana Bread) Chicken Nuggets Mashed Potatoes/Gravy Corn WW Roll Fresh Fruit	2 (Apple Danish) Pepperoni Roll String Cheese Romaine/Tomato Mix Steamed Carrots Canned Pineapples	3 (Sausage Biscuit) Chicken Drumsticks Red Roasted Potatoes Corn WW Roll Fresh Fruit	4 (Blueberry Muffin) Spaghetti w/Meat Sauce Garden Salad Green Beans French Garlic Bd. Fresh Fruit	5 (Chicken Biscuit) Taco Salad WG Corn Tortilla Chips Salsa Refried Beans Cinnamon Roll Mandarin Oranges
Grab-N-Go: Pizza	Grab-N-Go: Fish Sdw.	Grab-N-Go: Pizza	Grab-N-Go: Chicken Sdw.	Grab-N-Go: Steak Hoagie
8 (Super Donut) Meatloaf Mashed Potatoes Gravy Caesar Salad Pinto Beans Applesauce	9 (Cinnamon Roll) Chicken Teriyaki Lo Mein Noodles Steamed Broccoli Egg Roll Fortune Cookie Fresh Fruit	10 (Yogurt Parfait) Pizza Garden Salad Lima Beans Canned Pears Frozen Fruit Slushie	11 (Bagel) Fish Sticks Macaroni & Cheese Seasoned Peas Fresh Baby Carrots WW Bread Fresh Fruit	12 (Pancakes) Cheeseburger Romaine Lettuce/Tom. Sweet Potato Fries Rice Krispy Bar Canned Peaches
Grab-N-Go: Pizza	Grab-N-Go:Steak Hoagie	Grab-N-Go: Club Sandwich	Grab-N-Go: Pizza	Grab-N-Go: Corn Dog
15 OS Day No School	16 OS Day No School	17 OS Day No School	18 OS Day No School	19 OS Day No School